

Swim Lessons

SESSION 1: March 9 – April 23, 2026

Now is the perfect time to help your swimmer feel strong, safe, and ready for the water! Whether you are brand new to the pool or looking to sharpen essential skills before summer break, SWC swim lessons are designed to build water confidence step-by-step.

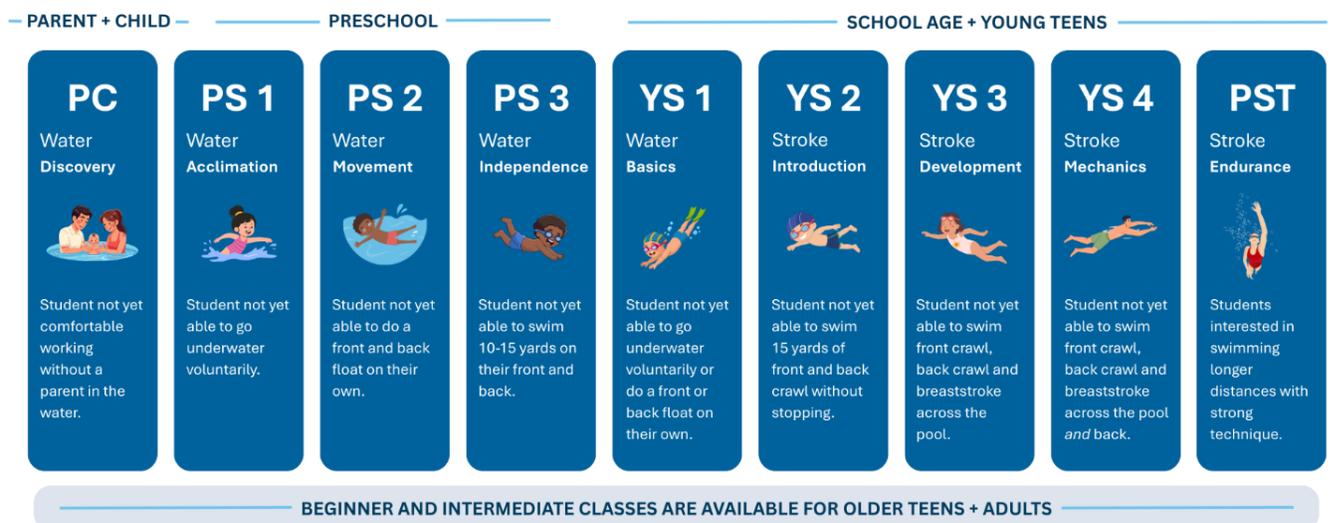
Guided by supportive instructors in a welcoming learning environment, these classes prioritize:

- Small class sizes for focused attention and personalized instruction
- Thoughtfully designed skill progressions
- Positive teaching methods that grow confidence
- Student safety, with certified lifeguards on duty for *all* lessons

Dive into the rest of this guide to explore class types, session schedule, and register information.

STEP ONE: Select your level

It is important to find the level of class that's right for you! Use the infographic below and review our class descriptions to find your perfect match.



Class Descriptions

Parent & Child (PC)

Ages: 6 months - 3 years

Infants & toddlers participate with a parent or caregiver.

Focus Areas: Water comfort, supported floating and kicking, submersion readiness, age-appropriate songs and games, and foundational water-safety habits for parents.

Class Size: 2 - 7 families

Location: Warm Pool

Primary Swim (PS 1-3)

Ages: 3 - 6 years

Focus Areas:

- **PS 1:** New to swimming, may be hesitant around water, requires full assistance.
- **PS 2:** Comfortable submerging, can float or glide with partial assistance.
- **PS 3:** Able to float and glide independently, move confidently in the water, beginning basic stroke skills.

Class Size: 2 - 5 swimmers

Location: Warm Pool

Youth Swim (YS 1-4) & Pre Swim Team (PST)

Ages: 6+

Focus areas:

- **YS 1:** Beginner water skills, may feel hesitant or unsure how to move in the water, requires full assistance.
- **YS 2:** Independent floats, introductory front and back skills, able to submerge face and ears, and float and glide with assistance.
- **YS 3:** Developing stroke skills and treading ability, able to float and glide independently.
- **YS 4:** Stroke improvement for swimmers who can swim 15+ yards of front crawl and back crawl, begin side breathing and additional strokes such as breaststroke and butterfly.
- **Pre Swim Team:** Stroke refinement focusing on all strokes, turns, and longer distances, with an introduction to interval swimming and structured sets.

Class Size: YS 1 - 4: 2 - 5 swimmers, Pre Swim Team: 2 - 8 swimmers

Location: YS 1 in the Warm Pool, all other levels in the Lap Pool

Teen & Adult Beginner

Ages: 14+

Teens and adults learning to swim.

Focus Areas: Water comfort, floating, basic strokes, and essential safety skills.

Class Size: 2 - 5 swimmers

Location: Lap Pool

Teen & Adult Intermediate

Ages: 14+

Comfortable swimmers focusing on technique and endurance.

Focus Areas: Refine all strokes, turns, longer-distance swimming; introduction to intervals and sets.

Class Size: 2 - 8 swimmers

Location: Lap Pool

All swimmers outside of Parent & Child classes must be potty trained, able to follow instructions, and participate without causing disruptions.

For questions about which level to register for, please contact the SWC at [509.334.5700](tel:509.334.5700).



STEP TWO: Review the schedule.

This session will run between **March 9 – April 23, 2026.**

Weekday classes meet for 30-minutes, twice a week, for six-weeks. **No classes will be held March 16-20th to accommodate the WSU spring break.**

Saturday classes will meet for 45-minutes, once a week for seven-weeks.

Parent & Child (PC)	
Mon / Wed	5:40 – 6:10 PM

Primary Swim (PS)		
PS 1	Mon / Wed	5:00 – 5:30 PM
	Mon / Wed	5:40 – 6:10 PM
	Tues / Thurs	5:00 – 5:30 PM
	Tues / Thurs	6:20 – 6:50 PM
PS 2	Mon / Wed	6:20 – 6:50 PM
	Mon / Wed	5:00 – 5:30 PM
	Tues / Thurs	5:00 – 5:30 PM
PS 3	Mon / Wed	6:20 – 6:50 PM
	Tues / Thurs	5:40 – 6:10 PM

Youth Swim (YS)		
YS 1	Mon / Wed	5:00 – 5:30 PM
	Mon / Wed	6:20 – 6:50 PM
	Tues / Thurs	5:40 – 6:10 PM
	Tues / Thurs	6:20 – 6:50 PM

Youth Swim (YS)		
YS 2	Mon / Wed	5:40 – 6:10 PM
	Mon / Wed	6:20 – 6:50 PM
	Tues / Thurs	5:00 – 5:30 PM
YS 3	Mon / Wed	5:00 – 5:30 PM
	Tues / Thurs	5:40 – 6:10 PM
YS 4	Mon / Wed	5:40 – 6:10 PM
	Tues / Thurs	6:20 – 6:50 PM

Teen & Adult Beginner	
Saturday	9:00 – 9:45 AM

Teen & Adult Intermediate	
Saturday	10:00 – 10:45 AM

Pre Swim Team	
Saturday	9:00 – 9:45 AM



STEP THREE: Register for classes.

Now that you've selected the appropriate class for your swim level and availability, register via our online portal or stop by our facility in-person.

Online Registration

Create an account on swc.clubautomation.com and add participating minors as family members Member to get started. If you already have an account, you can add dependents under 'Update My Info'.

You will find class offerings listed under 'Register For Programs'.

Session Pricing

- 30-min classes cost **\$8 / class** and are billed per session.
- 45-min classes cost **\$10 / class** and are also billed per session.

Full payment is due at the time of registration.

Refund Policy

Before the session starts

- Patrons will receive a full refund if cancellation is requested 4+ days before the start of the session.
- Patrons will receive a 50% refund if cancellation is requested 3 days before the start of the session.
- Refunds are not available if cancellation is requested less than 48 hours before the start of the session.

After the Session Begins

Once classes have started, refunds are only offered for **unexpected emergencies or medical situations**. If your request is approved, we'll provide a **prorated refund** for the remaining classes.

Please Note: We're not able to offer refunds for missed classes, scheduling conflicts, minor illnesses, or drop-outs after the session has begun.

Visit swc.clubautomation.com to register today!

Create your account and find your preferred class listed under 'Register for Programs'.