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SEL Hosts 6th Annual Education and Wellness Expo

PULLMAN, WA — September 10, 2014 — Schweitzer Engineering Laboratories, Inc. (SEL) will host its annual education and wellness expo—the Renew Expo—on September 25 at the SEL Event Center in Pullman.

More than 60 vendors from around the region will share wellness and education resources at the event. Topics include healthy cooking, stress awareness and reduction, yoga, personal finance, and SEL Employee Development offerings.

“The Renew Expo is really unique to our area in that it is the only place you can get so much different information about wellness and education in one location,” said Caitlin Schwieso, SEL human resources specialist and one of the event’s organizers. “Not only can you learn about graduate and undergraduate programs, but you can test your glucose and cholesterol, evaluate your fitness level, and access resources to make positive changes in your life. You can set new goals, and leave with an actionable plan to reach them.”

The Renew Education and Wellness Expo is open from 11:30 a.m. to 5:30 p.m. at the SEL Event Center and is free to attend. Door prizes and drawings for several grand prize packages will add some additional fun to the event. For more information or to register for one of the workshops, go to www.seleventcenter.com/renew.

SEL is an employee-owned company serving the power industry worldwide for more than 30 years through the design, manufacture, supply, and support of products and services for power system protection, monitoring, control, automation, communications, and metering. SEL offers unmatched local technical support, a worldwide, ten-year product warranty, and a commitment to making electric power safer, more reliable, and more economical.

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